



Women of the

April 2004

South

"Growing, building,
and improving
our tomorrow."

NOTES FROM MARY

Spring has arrived! In Oklahoma it could be snowing when you receive this, but it feels and looks like spring right now. Gala is over and I am ready to get in the yard and do some work there.

Thank you to all of you who made this another successful Gala. Cindy, her committee chairs and committee members did an awesome job. I have had many good comments about the food, the Burton Band, the decorations, and our great auction items. Underwriting did a wonderful job. I am not going to try to mention names because we had so many women (and husbands) who pitched in and helped out. I continue to be amazed at the level of participation we get from our membership for our events. If you have not joined in to help in some capacity, you are missing a wonderful opportunity to enjoy fellowship and friendship with a great group of women. "Those who give, receive much in return" must be a quote from someone, somewhere. We will have a final financial accounting soon for the Gala, so come to the April meeting to hear financial figures.

Don't forget, April Membership meeting, April 19th, South Chamber at 6:30p.m. election of officers and last general meeting of the year, except for Membership Meeting, May 17th, Kingswood Club House. Be thinking of potential new members to invite and/or previous members to get re-involved.

See you April 19th!

Mary H.



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Member FDIC

FROM THE SOCIAL SIDE

April will be our last general meeting until the fall. Thank you to everyone who has provided door prizes in the past. We couldn't have done it without you! But...we still need a few more for the April meeting and your help would be greatly appreciated.

Also remember to bring your appetites. We will be having a "Salad Sampling" light dinner with several different kinds of salads provided by our wonderful social committee. See you April 19th!

Gyda

ARTICLE VII – ELECTIONS

Section 1 – Nominations

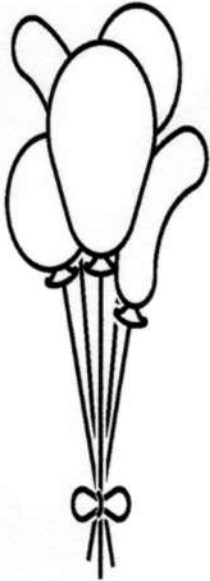
- A. The six (6) members of the Nominating Committee will be nominated from the floor of the January meeting.
- B. The Nominating Committee shall present a slate of officers at the March general meeting for all elected offices.
- C. Additional nominations shall be taken from the floor during the March general meeting.

Section 2 – Elections

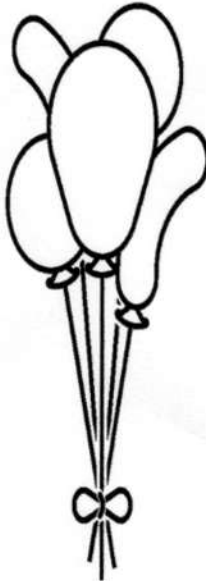
- A. The election of the Nominating Committee will be held at the January general meeting.
- B. The election of officers shall be held at the April general meeting.

In accordance with our by-laws, we will be voting on the slate of officers presented by the nominating committee at the March meeting, at our April general meeting. Please help us by ensuring that we have a quorum present.

April Birthdays



- 5th - Claudia Todd
 11th - Shonna Bales
 11th - Jennifer Meter
 12th - Shelly Cook
 12th - Syndy Thrash
 15th - Olivia Spradlin
 18th - Linda Miner
 20th - Elaine Lyons
 20th - Nancy Wallace
 21st - Nancy deQuevedo
 23rd - Traci Robbins
 25th - Patsy Couch
 26th - Amy Simpson
 27th - Carol Howard
 28th - Denise Clary



HAPPY BIRTHDAY TO YOU!!!!

Calendar of Events



General Meeting: Monday, April 19th,
 6:30p.m., South OKC Chamber Office.

Membership Meeting: Monday, May 17th,
 6:30p.m. Kingswood Clubhouse.

Membership Event Planned



A Hawaiian theme has been chosen for the Annual Women of the South Membership event to be held Monday, May 17th, 6:30p.m. at the Kingswood Clubhouse. If you know someone who has shown an interest in WOS, this is the perfect opportunity to get them acquainted with the group. Please contact Shauna J. Smith, Membership Chair, at 895-7111 with complete name(s) and mailing address(es) for invitations. Deadline for names will be Monday, April 19, with invitations to be sent out around the first of May. Don't miss it!

SYMPHONY DESIGNERS SHOW HOUSE

WE STILL NEED VOLUNTEERS!!!! The 2004 Show House, located at 2301 NW Grand Boulevard, is in Nichols Hills and directly across from the Oklahoma City Golf and Country club. The theme is "Hollywood and Grand-Elegance of Hollywood Glamour". The house was built by the Shambour family in 1974. All proceeds from the Show House benefit the Oklahoma City Philharmonic and the League's education projects.

Women of the South will staff the Show House on the opening date Sunday, April 25th from 11:30-3:00. This should be a fun day and a marvelous home to serve as hosts. All volunteers will need to purchase a \$3.00 ticket to the Show House, which entitles you to unlimited visits. A complimentary shuttle will be provided, as parking is very limited. The shuttle will run from the Penn Square Mall at the far northwest corner of the parking lot north of UMB Bank. A sign will be posted. Please contact Carol McDonald by email at carolmanor1@aol.com or call at 799-6529 or 630-2820.

Carol McDonald
 Research and Recommendation Chair

ANNOUNCEMENTS

Our thoughts are with Elizabeth Foshee. She had surgery over Spring Break. Hope you are feeling well Elizabeth!

Our thoughts and prayers are with Debbie Venard and her family. Her son, Danny was diagnosed with Lymphoma and begins Chemo treatments on Tuesday, April 13. Our prayers are for his continued strength and good health during treatments.

Do you have something to share with our readers? If you have a special anniversary, a new Grandbaby, graduation announcements... We'd love to hear about them. Contact Claudia Todd at 691-3759 or at claudia@todd-engineering.com

Recipe of the Month



Gazpacho Steak Salad

Eating a salad will never be the same after trying this exciting recipe from the Oklahoma Beef Council.

Ingredients:

- 1 pound beef shoulder steak or 1 pound top round steak, cut 1 inch thick
- 1 can (5-1/2 ounces) spicy 100% vegetable juice
- 8 cups mixed greens or 1 package (10 ounces) romaine and leaf lettuce mixture
- 1 cup teardrop tomatoes, halved
- 1 cup cucumber, cut in half lengthwise, then into thin slices
- 1 cup chopped green bell pepper
- Salt and pepper
- Crunchy Tortilla Strips

Gazpacho Dressing:

- 1 can (5- 1/2 ounces) spicy 100% vegetable juice
- 1/2 cup chopped tomato
- 1/4 cup finely chopped green bell pepper
- 1 tablespoon red wine vinegar
- 1 tablespoon chopped cilantro
- 2 teaspoons olive oil
- 1 clove garlic, minced



Crunchy Tortilla Strips:

Heat oven to 400 degrees. Cut 2 corn tortillas in half, then crosswise into 1/4 inch wide strips. Place strips in single layer on baking sheet. Bake 4 to 8 minutes or until crisp.

Instructions:

- Place beef steak and 1 can vegetable juice in food-safe plastic bag; turn steak to coat. Close bag securely and marinate in refrigerator 6 hours or as long as possible overnight.
- Combine dressing ingredients; refrigerate. Combine lettuce, teardrop tomatoes, cucumber and 1 cup green bell pepper; refrigerate.
- Remove steak from marinade; discard marinade. Place steak on grid over medium, ash-covered coals. Grill shoulder steaks, uncovered, 16 to 20 minutes for medium rare to medium doneness (top round steak 16 to 18 minutes for medium rare doneness; do not overcook), turning occasionally. Carve steak across the grain

into thin slices. Season with salt and pepper, as desired.

- Meanwhile prepare Crunchy Tortilla Strips. Add steak to salad mixture. Drizzle with dressing and top with tortilla strips.
- Makes 4 servings.

This recipe is brought to you by the Oklahoma Beef Council. Remember... **Beef, It's What's For Dinner!**

Welcome New Members!

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Festival of the Arts Volunteers Needed

Allied Arts will once again be working with Papa's Greek Food during the Festival of the Arts. They need volunteers to greet customers and handle money. The Festival of the Arts is April 20-25. Volunteers are needed for the following shifts:

Tuesday, April 20th:	3:30pm – 6:30pm 6:00pm – 9:00pm
Wednesday, April 21st:	1:00pm – 4:00pm
Thursday, April 22nd:	9:45am – 1:30pm 1:00pm – 4:00pm
Friday, April 23rd:	1:00pm – 4:00pm 3:30pm – 6:30pm
Saturday, April 24th:	9:45am – 1:30pm 3:30pm – 6:30pm
Sunday, April 25th:	9:45am – 1:30pm

Please contact the Allied Arts Office at 278-8998 if you are able to volunteer.

WOS featured in The Oklahoman

In case you missed it, we are reprinting the article that appeared in The Oklahoman on March 20:

Group works to improve community

Women helping women; it's a concept that has existed since the women's suffrage movement began more than 150 years ago, and one that's prevalent in south Oklahoma City today.

When the nonprofit charitable organization Women of the South was founded in 1995, the nine founding members' original objective was to promote commerce in the southern part of the city. Since then the group has evolved, expanding its focus to include the advancement of both teen and adult women.

By awarding scholarships to area schools and to heads-of-household in the south Oklahoma City area, the organization promotes independence for young college women. It also assists homemakers returning to school to complete educations that allow them to better provide for their families.

Since its inception, the organization has donated more than \$100,000 in education scholarships and grants to southside schools and residents.

Claudia Todd, a member since 2001, said she initially joined Women of the South because of her concern for her children's education. Since then, however, she has watched its efforts grow and feels a sense of gratification.

Cindy Benson, one of the group's original members, agrees.

"I enjoy fellowship with women and getting to know them," Benson said. "Plus, I get the privilege of helping young women go to college."

Through events like this month's Ninth Annual Southern Gala – set for March 27 at the National Cowboy & Western Heritage Museum – members will raise money for college scholarships and grants to local southside schools.

This formal gala, which costs \$100 a seat or \$200 a couple, will feature an open cash bar and dinner, as well as a silent auction and live entertainment. Proceeds from the gala, as well as many of the group's other charitable activities, will benefit several south Oklahoma City scholarship programs.

Past and future recipients include students from Moore, Westmoore and Western Heights high schools, as well as scholarships for primary providers living in the area and grants to local elementary schools.

The gala is just one of several events Women of the South helps coordinate each year to raise money for local residents. The organization hosts an annual golf tournament and volunteers its members to the Oklahoma City Community College annual arts festival and to the Decorators Show Home each year.

In addition, members organize health and educational seminars for women throughout the year, covering everything from teaching high school seniors to balance checkbooks to educating women on current medical issues.

This year, Todd estimates the group will donate 20 to 30 scholarships, each totaling \$1,000 to south Oklahoma City schools with the money generated from several of these events.

"We want to raise social and civic awareness in all aspects of south Oklahoma City through the support of social events," Todd said.

Though Women of the South members vary from homemakers to businesswomen and span the region from Moore to Newcastle, all 175 active members of Women of the South have one thing in common: Community involvement.

"We all care about the community and the future of the community," Todd said. "It is important to give time to benefit others and work together to make south Oklahoma City a better place to live for us and our children."

By Dana Danz, Oklahoman correspondent