



Women of the

August 2004

South

"Growing, building,
and improving
our tomorrow."

Elementary School Grant Guidelines Set

Annually Women of the South awards a \$1,000.00 grant to one public elementary school in either the South Oklahoma City, Moore or Western Heights School District. Listed below are guidelines for submitting a grant request:

1. An elementary school may receive a grant only once in a five (5) year period.
2. Only member(s) of Women of the South can make a recommendation for the grant.
3. The recommendation will consist of a narrative of NOT more than 250 words, which describes the need and the rationale for the grant. The recommendation must be specific by naming an item, activity or material that the money will be used for and the rationale for how the school/students will benefit from the grant.
4. All recommendations are to be submitted to the Research and Recommendation Committee by November 1st. The Research and Recommendation Committee will select one recommendation to be presented to the Women of the South Board and then to the general membership for approval.
5. The grant will be awarded to the elementary school by December 1st of each year.

Please contact Research & Recommendation Chair Mellodee Wallace at 794-3620 with any questions.

WOS WOMEN TO BE "SOUTH OF THE BORDER"

It's time again for the annual Women of the South summer social. Mark your calendars now for Friday, August 20th at 7:00pm. This year's theme promises a rather festive "SPICY AND HOT" night of food, friends and fun. Dinner will be provided by Ted's Café Escondido and music by a local Mariachi band. Reservations are required so contact Tamara Pennington at 692-8948 or Kimberly Cupit at 799-6566 to reserve your seats now. Tickets are \$20.00 per person and can be paid by check or Credit card – by phone or mail. Dress is casual and festive attire is always welcome. Don't miss this opportunity to catch up with friends and kick off another successful year for Women of the South.



Volunteers Needed

Monday, Sept. 6, is WOS Day at Arts Festival Oklahoma. Volunteers are needed to work a 10-5 shift delivering refreshments to the artists. (No, you won't have to push a cart. We get to RIDE in a cart!) Please call Carolyn Klepper (376-2018 or 376-5461) if you would like to help

GOLF TOURNAMENT IN PLANNING STAGES



The Women of the South 10th annual Golf Tournament is just around the corner. Mark your calendars now for Monday, September 20th at the Willow Creek Golf and Country Club. This year's Chairman is Cathy Estes and she is working hard to make this the best tournament ever. But she still needs you!!! Volunteers are needed in all areas of the tournament. A Chairperson is needed for Door Prizes, Awards & Goodie Bags, Tee Box & Flag Sponsors, Food (including lunch, dinner, drink carts and snacks), and Activities and Contests. If you have any questions or would like to help out in any way, please contact Cathy at 691-1494 or 623-9762.

WHAT A PHONE COMMITTEE!!

A big round of applause please for the ladies that take time each month to give us a reminder call, voicemail, email regarding our meetings and such. These folks have worked all year behind the scene to assist in Women of the South's success and to encourage participation. We thank them for all they do:

Mina Acquaye, Elyce Campbell, Emma Lou Corder, Nancy DeQuevedo, Carol Howard, Ann Krob, Loretta Madden, Linda Riebel Dorothy Skaggs, Pati Thurman, Tiffini Tomlinson, Ida Wiggins, Kara Whilden.

The phone committee is always looking for members. The more folks to help the fewer names for each to call. If you have interest in serving, contact Pati Thurman

NOTES FROM DIANNE

August in Oklahoma can get VERY hot, so I'm looking forward to our first WOS social of the year! By now you should have received your invitation to "An Explosive Festival South of the Border." The social committee has planned a great evening of food and fun on Friday, August 20, 7 p.m. at the Chatenay Clubhouse. Husbands and significant others are encouraged to attend this end-of-summer get-together. An envelope has been provided for your convenience for you to remit your payment along with your RSVP. If you have NOT received an invitation, please call Tamara Pennington (692-8948).

Our first WOS General Meeting will be held August 23 (the 4th Monday of the month instead of the 3rd). I realize this comes just two days after the social, but it should provide much good conversation and overall enthusiasm for the work to be done this year. The Board is working on the proposed 2004-2005 budget, and hopefully we'll be ready to submit it for your consideration at this meeting.

Several committees have already started planning our upcoming year's agenda. Research & Recommendation, Social, Golf, and Gala have begun preparations for an outstanding 2004-2005. Many thanks to the chairs of these committees (Mellodee Wallace, Tamara Pennington, Cathy Estes, and Mina Acquaye) for their leadership, dedication, and head start attitudes! Welcome aboard to two new co-chairs: Kimberley Cupit, Social; and Kara Whilden, Gala. Thank you, thank you, thank you!

I hope you remembered to mark your calendars for WOS's strategic planning day at the South OKC Chamber, Friday, Oct. 1, from 9-3. Our organization is nearly 10 years old, so it's time to start thinking about the direction we want to take in the future. We'll brainstorm ideas, reacquaint ourselves with the goals and purposes of *Women of the South*, and have fun doing it. Beth Shortt, Executive Director of Leadership Oklahoma City, will be available to facilitate this informal session. We realize this is a big chunk of time away from your family and business obligations, but we need your input to strengthen and solidify our mission goals. This is the time to voice those wonderful ideas you've always wanted to propose! Lunch will be provided, but we do ask for your RSVP so we can be prepared. Since this is such an important event, the Board decided to make this a "general meeting" day in lieu of our Sept. general meeting.

Please check the calendar in this issue of the newsletter often, so you won't miss out on anything!

Happy Summer, Everybody!

Dianne 

RECIPE OF THE MONTH

Pita Burgers with Cucumber-Yogurt Sauce

Prep: 5 minutes
Cook: 15 minutes
Servings: Serves 4

Ingredients:

1 lb. Lean ground beef
1 tsp. dried basil leaves
1 tsp. lemon pepper
1 tsp. onion powder
½ cup plain low-fat yogurt
1/3 cup chopped cucumber
¼ tsp. salt
2 pita pocket breads, halved and warmed
1 medium tomato, cut into 8 thin slices



Instructions:

1. Combine dried basil leaves, lemon pepper and onion powder in a small bowl.
2. In another small bowl, combine yogurt, cucumber, salt and 1 tsp. of herb mixture. Reserve.
3. Shape ground beef into four ½-inch patties. Sprinkle remaining herb mixture over both sides of patties.
4. Heat large nonstick skillet over medium heat for 5 minutes.
5. Place patties in hot skillet and cook 6-8 minutes, turning once. Patties should be cooked to an internal temperature of 166 degrees F.
6. To serve, place a burger in each pita half. Add two tomato slices and yogurt sauce as desired.



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TO ALL OUR CONTRIBUTORS
AND SUPPORTERS -
WOMEN OF THE SOUTH
WOULD LIKE TO SAY:

THANK YOU FOR YOUR
SUPPORT!

Upcoming Events

- Aug. 9 Board Meeting—6:30 p.m.
Dianne's
- Aug. 13 Deadline for RSVP (South of the Border)
- Aug. 20 Explosive Festival South of the Border—
7 p.m.
Chatenay Clubhouse
- *Aug. 23 General Meeting—6:30 p.m.
South OKC Chamber
- Sept. 2 OCCC Arts Festival Volunteer Party -
5:30-7:00 p.m. - Dining Tent
- Sept. 3 OCCC Arts Festival Oklahoma (Featured
entertainment, 8 p.m.—Brasil, Brasil)
- Sept. 4 OCCC Arts Festival Oklahoma (Featured
entertainment, 8:30 p.m.—Oklahoma City
Philharmonic)
- Sept. 5 OCCC Arts Festival Oklahoma (Featured
entertainment, 7:30 p.m.—Ty England)
- Sept. 6 WOS Day at OCCC Arts Festival -
Volunteers needed for 10 a.m. to 5 p.m.
(Contact Carolyn Klepper if you would like
to participate (376-2018))
- Sept. 13 Board Meeting—6:30 p.m.
Dianne's
- Sept. 20 Golf Tournament
Willow Creek Golf & Country Club
- *Oct. 1 *Women of the South Fiesta!* (Strategic
Planning Day in lieu of Sept. general
meeting)
South OKC Chamber—9:00-3:00
- Oct. 11 Board Meeting—6:30 p.m.
Dianne's
- Oct. 18 General Meeting—6:30 p.m.
TBA

- special reminders!

ANNOUNCEMENTS

Our thought and prayers are with Debbie and Max Venard. Their son Danny Venard passed away in July. In lieu of flowers, the family has requested contributions be sent to the Work Activity Center in Moore, 203 E. Main, Moore, OK. 73160.

August Birthdays

Kathy Williams - 3rd
Connie Mashburn - 4th
Cassie Davenport - 8th
Debbie Venard - 8th
Peggy Mauldin - 10th
Carol Funk - 15th
Andrea Kinzey - 17th
Courtney Ramos - 18th
Elizabeth Foshee - 21st
Dotti Klepper - 22nd
Cyda Davidson - 25th
Grizelda Kraft - 25th
Barbara Laird - 26th
Linda Hunt - 29th
Michelle Keith - 30th
Shauna Smith - 30th



HAPPY BIRTHDAY TO YOU!!!!

Women of the South

**"Growing, Building and Improving
Our Tomorrow"**

Happiness is.....

Exude happiness and you will feel
it back a thousand times."
Joan Lunden

It is not easy to find happiness
in ourselves, and it is not
possible to find it elsewhere."
Agnes Repplier

"...The greater part of our
happiness or misery depends
on our dispositions, and
not upon our circumstances."
Martha Washington

"Happiness grows at our own
firesides, and is not to be
picked in strangers' gardens."
Douglas William Jerrold

Have in your mind a word of cheer
For all who come your way,
And they will bless you too, in turn,
And wish you "Happy Day!"
Frank B. Whitney



FYI

**DON'T MISS YOUR OPPORTUNITY TO BE
A PART OF A GREAT ORGANIZATION!!!
JOIN WOMEN OF THE SOUTH! CONTACT
SHAUNA SMITH AT 895-7111.**

Remember Women of the South is on the web. Look us
up at www.womenofthesouth.org.

Do you have news you'd like to share with Women of the
South and it's many readers? We'd love to hear about it!
Send all info to Claudia Todd at [claudia@todd-
engineering.com](mailto:claudia@todd-engineering.com) or call 691-3759. Deadline for
information is the 1st of each month.