

# Women of the

"Growing, building, and improving our tomorrow."



### JUNE JULY 2004

## CHATENAY CABARET, A TRADITION BEGINS

The First Annual Chatenay Cabaret Music and Wine Festival will be held on Saturday, July 24, 2004, at the Chatenay Shopping Center located on the corner of S.W. 104th and Penn. This is a new and exciting community event. We are asking Women of the South members, spouses, and friends show their support by stopping by. There will be entertainment from 2:00 p.m. till 11:00 p.m.; the local band Zoom City will be the anchor band. Bring your lawn chair or blanket and enjoy! There will be a wine tasting tent supported by local wineries, food vendors, petting zoo, children's area, and many more fun activities for all ages to enjoy.

We need Women of the South volunteers to help sell tee shirts and in the hospitality area. We need four volunteers for each two-hour shift.

There are four shifts:

2:00 - 4:00 p.m., 4:00 -6:00 p.m., 6:00 - 8:00 p.m. and 8:00 - 10:00 p.m. You can work as a couple, with a friend, etc. Those who volunteer will receive a Festival shirt. Please contact Vickie Nettle-Munsey at 840-5040 if you can help. If no answer leave message with name or names of volunteers, time you wish to work and tee shirt size. We need you!

#### Volunteers Needed

Monday, Sept. 6, is WOS Day at Arts Festival Oklahoma. Volunteers are needed to work a 2-hour shift between 10am-5pm, delivering refreshments to the artists. (No, you won't have to push a cart. We get to RIDE in a cart!) Please call Carolyn Klepper (376-2018 or 376-5461) if you would like to help.

## Partial Calendar of Events

July	12	Board Meeting—6:00 p.m.
		Dianne's

- Aug. 9 Board Meeting—6:30 p.m.
- Dianne's
  Aug. 20 WOS Annual Barbecue—7 p.m.
- \*Aug. 23 Chatenay Clubhouse
  General Meeting—6:30 p.m.
- \*Aug. 23 General Meeting—6:30 p.m. (4<sup>th</sup> Wed. instead of 3<sup>rd</sup>) South OKC Chamber
- Sept. 2 OCCC Arts Festival Volunteer Party 5:30-7:00 p.m. Dining Tent
- Sept. 3 OCCC Arts Festival Oklahoma (Featured entertainment, 8 p.m.— Brasil,)
- Sept. 4 OCCC Arts Festival Oklahoma (Featured entertainment, 8:30 p.m.—Oklahoma City Philharmonic)
- Sept. 5 OCCC Arts Festival Oklahoma (Featured entertainment, 7:30 p.m.—Ty England)
- Sept. 6 WOS Day at OCCC Arts Festival Volunteers needed from 10 a.m. to 5 p.m. (Contact Carolyn Klepper 376-2018)
- Sept. 13 Board Meeting—6:30 p.m. Dianne's
- Sept. 20 Golf Tournament Willow Creek Golf & Country Club
- \*Oct. 1 Women of the South Fiesta! (in lieu of Sept. general meeting) South OKC Chamber – 9:00-3:00
- Oct. 11 Board Meeting 6:30p.m. Dianne's
- Oct. 18 General Meeting 6:30p.m.

\*special reminders





## June/July Birthdays

JUNE

Lu Wilson Potts - 4th	Joyce Evens - 26th
Ruth Hudson – 13th	LaRheta Morrison – 26th
Elsine Wolfe - 20th	Berbere Johnson - 28th
Patricia Berryhill - 21st	Joyce Mauldin - 29th
Cindy Zink - 25th	

#### JULY

	430
Carolyn Klepper - 6th	Jerri Kettler – 14 <sup>th</sup>
Peggy Lambert - 6th	Janet Hendrick – 15th
Jamie Mauldin - 7th	Devote Bowers - 18th
Key Bryne - 9th	Appette Jones – 18th
Jan Scott - 9th	Charlene Little - 20th
Jan Barnes - 12th	Ntta Johnson - 22nd
Judith Besty - 12th	Glenda Carlile – 23rd
Shelana Lane - 12th	Sandy Sheaffer - 25th
Petsy Hilbig - 13th	Petsy Brewer - 26th
Dorothy Skades - 13th	

HAPPY BIRTHDAY TO YOU!!!!

### RECIPE OF THE MONTH

#### Onion N' Pepper Beef Steak Sandwich

#### Ingredients:

- 1/2 pound beef round tip steaks, cut 1/8 to 1/4 inch thick
- 2 teaspoons vegetable oil
- 1 small onion, cut into thin wedges
- 1 jalapeno pepper, sliced
- 1 small clove garlic, minced
- 2 Kaiser rolls, split
- 1/4 cup chopped tomato



#### Instructions:

- Heat oil in large nonstick skillet over medium-high heat until hot. Add onion, jalapeno pepper and garlic; cook and stir 3 to 4 minutes or until lightly browned. Remove.
- Heat same skillet over medium-high heat until hot. Place beefsteaks in skillet; cook 1 to 2 minutes, turning once. Do not overcook. Season with salt. Serve in rolls with onion mixture and tomato.

Makes 2 servings. Nutrition information per serving: 387 calories; 31 g protein; 35 g carbohydrate; 13 g fat; 369 mg sodium; 69 mg cholesterol; 5.9 mg niacin; 0.5 mg vitamin B6; 2.5 mcg vitamin B12; 4.6 mg iron; 6.7 mg zinc.

#### Women of the South 2004-2005 Executive Board and Committee Chairs

#### BOARD OF DIRECTORS:

DOM		
President	Dianne Krob	691-3014
Vice President	Linda Miner	691-8638
Secretary	Linda Carr	691-7843
Treasurer	Patsy Hilbig	692-2563
Parliamentarian	Sharon Greene	691-6982
Historian	Beth Odom	799-5433
Ex-Officio	Mary Hornbuckle	692-4541
Lifetime Advisor	Linda Neimann	691-1865
H.S. Education	Diane Laase	692-0456
P.P. Education	Amy Simpson	794-9558
Gala	Mina Aquaye	378-3832
Golf	Cathy Estes	691-1494
Membership	Shauna Smith	895-7111
Publicity	Claudia Todd	691-3759
Research/Rec.	Mellodee Wallace	794-3620
Social Events	Tamara Pennington	692-8948
Underwriting	Cindy Sparkman	378-7702
Subcommittees:		
Newsletter	Claudia Todd	691-3759
Telephone	Pati Thurman	691-4696
Benevolence	Cassie Davenport	692-2974
	oma Carolyn Klepper	376-2018

## Women of the South Flesta!

Since WOS is almost 10 years old, we decided to start celebrating early! We have a special day set aside to brainstorm ideas for the future of our organization and reacquaint ourselves with our goals and purposes. So, instead of a general meeting in September, we will meet at the South OKC Chamber, Friday, Oct. 1, from 9-3. Beth Shortt, Executive Director of Leadership Oklahoma City, will be available to facilitate this informal session. We realize this is a big chunk of time away from your family and business obligations, but we need your input to strengthen and solidify our mission goals. This is the time to voice those wonderful ideas you've always wanted to propose!

Lunch will be provided, but we do ask for your RSVP so we can be prepared. The more, the merrier!

#### NOTES FROM DIANNE

Even though we are still enjoying those lazy, hazy (!?!) summer days, it's time to start thinking about the fabulous new challenges, opportunities, and FUN that *Women of the South* will be begin experiencing soon.

First of all, I want to express my sincere thanks and gratitude to Mary Hornbuckle for the outstanding leadership we had during her presidency. I learned a lot from watching her handle her responsibilities with dignity, diplomacy, warmth, humor, and courage. Hopefully, I learned enough from her to help WOS continue to reach our mission goals.

I am very excited about the year ahead. Several WOS members have graciously agreed to serve on your board of directors, and I truly appreciate their time and energy. Elsewhere in this newsletter, you will find a listing of the current executive board and committee chairs. Please keep them in mind when it comes time to volunteer for committee duty!

The WOS Annual Barbecue is scheduled for August 20 at the Chatenay Clubhouse. You will be receiving more information about this "kick-off" social event in the next few weeks. Tamara Pennington, our Social Chair, needs help planning, organizing, etc., so give her a call if you can spare some time (692-8948).

Cathy Estes is heading up this year's golf tournament Sept. 20. Cathy just joined WOS last year and I assured her that she would have lots of "experienced" golf committee members to bring in another winner! She and Jennifer Meier (last year's chair) have already met to discuss the "process" and get it going. Thanks, Ladies!

One last word! In order for this organization to continue to provide social, cultural, and educational opportunities for our community and its members, we all need to pitch in. Not only do we need your physical presence, we need your input of ideas. If you have a concern, a gripe, a suggestion, **ANYTHING**, please let me or one of the board members know so we can address it.

Enjoy the rest of your summer! I look forward to another wonderful year working with all of you special women



## Request for Advertising Space in the Women of the South Directory

NAME:	
ADDRESS:	
CITY, ZIP:	
HOME PHONE;	
BUSINESS PHONE:	
-	

## THE DIRECTORY DEADLINE IS JULY 31, 2004

SIZE OF AD REQUESTED:

1/4	page	(a)	\$20.	00	each
	page				
	l pag				

Please make checks payable to "Women of the South."

TOTAL AMOUNT ENCLOSED:

Enclose this form, check, and "print-ready" ad or business card.

Mail to:

WOS Directory Ad

P.O. Box 892802

Oklahoma City, OK 73189-2802

THANK YOU FOR YOUR SUPPORT!



www.bok.com

Member FDIC

## WOMEN of the SOUTH MEMBERSHIP INFORMATION THE DIRECTORY DEADLINE IS JULY 31, 2004

Name:			
Address: (include city and zip!)			
Phone: Hm:	Wk:		
Mobil:	Fax:		
Pager:	E-mail:		
Occupation:			
Birthday: Month: Day:			
Spouse: Oc			
Charter Member: yes no Ye	ar Joined:		
*New member referred to Women of the South by			
\$175.00 until July 31 <sup>st</sup> (\$200.00 after July 31 <sup>st</sup> )—(Mem' PAID BY:			
Check #			
Credit CardM/CVisa			
Card #	Exp. Date		
Signature			
Mail membership form to: Women of P.O. Box 8	the South		
WOS COMM (We realize your time is valuable, but we encourage y			
Please choose one:			
GALA GOLF			
Please choose one:			
Research/RecommendationPublicity	Social Events		
Education (High School) Education (Primary Provider)			
Membership Underwi	riting		

<sup>\*</sup>See description of committee responsibilities/subcommittees on the back of this form. You will have the opportunity later to select your particular subcommittee(s).